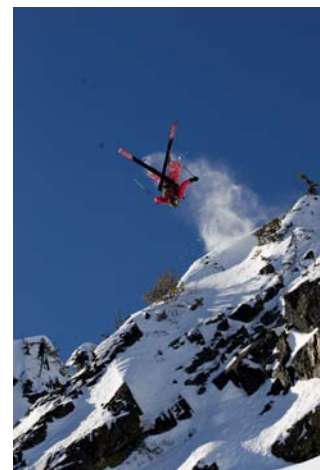


## Skiing & Snowboarding Injuries

**Date:** Thursday, 23 October 2008

**Venue:** Jubilee Room, Nuffield Health  
The Grosvenor Hospital Chester  
Wrexham Road, Chester, CH4 7QP



### Seminar Summary:

We are pleased to announce our next Educational Seminar, following the success of our previous educational seminars. This seminar is primarily aimed at GPs and Physiotherapists with an emphasis on injury prevention, early diagnosis and treatment, in preparation for the upcoming ski season. Following each talk, which will be given by an experienced specialist, there will be an opportunity to discuss the subject of the talk and ask questions in a 10-minute discussion slot. During the evening, we will also demonstrate new ski and snowboarding equipment, and how to choose and fit individual components.

### Faculty:

**Vladimir Bobic**, Consultant Orthopaedic Knee Surgeon ([www.kneeclinic.info](http://www.kneeclinic.info))  
**Nick Geary**, Consultant Orthopaedic Foot and Ankle Surgeon  
**Ian Harvey**, Consultant Orthopaedic and Hand Surgeon  
**Mike Langran**, GP, Aviemore Medical Practice; Board Member, International Society for Skiing Safety ([www.ski-injury.com](http://www.ski-injury.com), [www.issweb.com](http://www.issweb.com))  
**David Ritchie**, Consultant Musculoskeletal Radiologist, Glasgow  
**Adam Jowett**, Manager, Snow + Rock Wirral ([www.snowandrock.com](http://www.snowandrock.com))

## Program

- 17:00** Buffet and Refreshments
- 17:25** **Introduction**  
Simon Shepherd, Hospital Manager
- 17:30** **Injury Epidemiology and Prevention**  
Mike Langran, GP, Aviemore Medical Practice  
Board Member, International Society for Skiing Safety (ISSS)
- 18:15** **How to Choose and Fit Ski and Snowboard Equipment**  
Adam Jowett, Manager, Snow + Rock Wirral
- 18:45** **Imaging**  
David Ritchie, Consultant Musculoskeletal Radiologist
- 19:15** Coffee Break and Refreshments
- 19:30** **Upper Limb Injuries**  
Ian Harvey, Consultant Orthopaedic and Hand Surgeon
- 20:00** **Knee Injuries**  
Vladimir Bobic, Consultant Orthopaedic Knee Surgeon
- 20:30** **Foot and Ankle Injuries**  
Nick Geary, Consultant Orthopaedic Foot and Ankle Surgeon
- 21:00** Adjourn

If you would like to book a place please contact Ailsa Rainey on 01244 684 343 or [ailsa.rainey@nuffieldhealth.com](mailto:ailsa.rainey@nuffieldhealth.com). The number of places is limited to 40. We look forward to seeing you there.