

# Nuffield Health, The Grosvenor Hospital Chester and Chester Knee Clinic & Cartilage Repair Centre Educational Seminars

## Skiing & Snowboarding Injuries 2009

**Date:** Thursday, 22 October 2009

**Venue:** Chill Factor<sup>e</sup>, Manchester  
[www.chillfactore.com](http://www.chillfactore.com)  
Trafford Quays Leisure Village, Trafford Way, Manchester, M41 7JA

**Seminar Summary:** We are pleased to announce our next Educational Seminar, following the success of our previous educational seminars. This seminar is primarily aimed at GPs and Physiotherapists with an emphasis on injury prevention, early diagnosis and treatment, in preparation for the upcoming ski season. Following each talk, which will be given by an experienced specialist, there will be an opportunity to discuss the subject of the talk and ask questions in a 10-minute discussion slot. During the evening, we will also demonstrate new ski and snowboarding equipment, and how to choose and fit individual components.

**Invited Faculty:** Vladimir Bobic, Consultant Orthopaedic Knee Surgeon, Chester ([www.kneeclinic.info](http://www.kneeclinic.info))  
Nick Geary, Consultant Orthopaedic Foot and Ankle Surgeon, Chester  
Mike Langran, GP, Aviemore Medical Practice; Board Member, International Society for Skiing Safety ([www.ski-injury.com](http://www.ski-injury.com), [www.issweb.com](http://www.issweb.com))  
David Ritchie, Consultant Musculoskeletal Radiologist, Glasgow  
Rob Statham, Snow + Rock, Didsbury ([www.snowandrock.com](http://www.snowandrock.com))  
Andrew St Clair Logan, Consultant in Anaesthesia and Pain Management, Chester

### Program

- 17:00** Buffet and Refreshments
- 17:25** Introduction  
Ailsa Rainey, Customer Services Supervisor, Nuffield Health Chester
- 17:30** Injury Epidemiology and Prevention  
Mike Langran, GP, Aviemore Medical Practice  
Board Member, International Society for Skiing Safety (ISSS)
- 18:15** Imaging  
David Ritchie, Consultant Musculoskeletal Radiologist
- 18:45** How to Choose and Fit Ski and Snowboard Equipment  
Rob Statham, Snow + Rock Team
- 19:15** Coffee Break and Refreshments
- 19:30** Foot and Ankle Injuries  
Nick Geary, Consultant Orthopaedic Foot and Ankle Surgeon
- 20:00** Pain Management  
Andrew St Clair Logan, Consultant in Anaesthesia and Pain Management
- 20:30** Knee Injuries  
Vladimir Bobic, Consultant Orthopaedic Knee Surgeon
- 21:00** Adjourn

If you would like to book a place please contact Ailsa Rainey on 01244 684 343 or [ailsa.rainey@nuffieldhealth.com](mailto:ailsa.rainey@nuffieldhealth.com). The number of places is limited to 50. We look forward to seeing you there.