## Nuffield Health, The Grosvenor Hospital Chester & Chester Knee Clinic Educational Seminars

# 2010 Update on Knee Problems

Date: Wednesday, 19 May 2010

Venue: The Grosvenor Hospital Chester, Wrexham Road, Chester, CH4 7QP

We are pleased to announce our next Educational Seminar, following the success of our series of educational seminars on running, cycling and skiing injuries. This year we will focus on injury prevention, early diagnosis and treatment of common knee problems and sports injuries. The seminar is primarily aimed at GPs and Physiotherapists. There will be an opportunity to discuss the subject of each talk and ask questions at the end of the seminar.

As a part of the Nuffield Health GP Learning Programme we will provide certificates for 3 hours CPD credits for the maintenance of a portfolio of learning for your appraisal and revalidation.

### Program

**17:00 Registration, Buffet and Refreshments** *Tours of the hospital available* 

#### 17:25 Introduction

Ann Brunt, Hospital Manager

- **17:30** Knee Imaging David Ritchie, *Consultant Musculoskeletal Radiologist*
- **18:00The Management of Common Knee Problems**<br/>(or what we see in our daily practice)<br/>Vladimir Bobic, *Consultant Orthopaedic Knee Surgeon*
- 18:30 Introduction to the APOS Concept Chris Conbeer, Senior APOS Clinician (Physiotherapist), BUPA Wellness Centre Solihull
- 19:00 Coffee Break and Refreshments
- **19:20** Sport-specific Knee Injuries Vladimir Bobic, Consultant Orthopaedic Knee Surgeon
- **19:40** ACL Rehabilitation Catherine Willis, Outpatient Physiotherapy Lead
- 20:10 Articular Cartilage Injuries and Repair Vladimir Bobic, Consultant Orthopaedic Knee Surgeon
- 20:30 Discussion

### 21:00 Adjourn

If you would like to book a place please contact Ailsa Rainey by email (<u>ailsa.rainey@nuffieldhealth.com</u>) or on 01244 684 343. Please note that the number of places is limited to 40. We look forward to seeing you there.

Sponsors: Nuffield Health & TiGenix NV, Leuven, Belgium